

Quick Start Guide for



Download the app here:



GET IT ON
App Store



GET IT ON
Google Play

Access Code:

What is LifeBio Memory?



Every person has a story to tell.

LifeBio Memory is an app that asks thought-provoking questions, records life stories, and safely stores them for future listening.

The app helps preserve memories and experiences while helping staff, family, friends, and volunteers get to know people better. This leads to more meaningful conversations, more personalized care, and a lasting legacy for loved ones to cherish. Users can record their own story or help a friend or family member.

Stories collected through LifeBio can be used to create printed Life Story Books and story summary tools that help support and enhance care.

In addition to capturing stories, the app also includes "Fun Things to Do" featuring unique videos, puzzles, and games to explore and enjoy.



How It Works



Every life story has the power to bring people together. LifeBio helps make those connections possible.

There are two roles in the app: Interviewer and Storyteller.



The **Interviewer** is the person asking the LifeBio questions. This may be a caregiver, staff member, volunteer, family member, or friend. The Interviewer must create an account first before creating a Storyteller account.



The **Storyteller** is the person answering the LifeBio questions and sharing memories, experiences, and stories that will be recorded and saved.

If an Interviewer wants to record themselves, they will also need to register as a Storyteller. If you have questions, call 937-303-4576 x 5 or email story@lifebio.com!

Let's Get Started!



LifeBio Memory



GET IN ON
App Store



GET IN ON
Google Play

Step 1: Download the App!

- Scan the QR code or search **LifeBio Memory** on the App Store or Google Play.
- Create the **Interviewer** account by tapping:
“First time? Create new account.”
- Fill out the fields with the **Interviewer's** information.
- If you do not have an email, add a fake email using this format: YourName@lifebio.com.
- Next, enter the **Access Code** provided (see first page). If you are setting up a trial account, you do not need an access code.

Click “**Create Account**”



Instructions



Step 2: Register a New Storyteller

The Storyteller is the person whose story is being created. This could be you or someone else.

Create the Storyteller Account:

- Enter the Storyteller's email address. If they do not have an email, add a fake email using this format: FirstLastName@lifebio.com.
- Create a password for the account. (Must be at least 8 characters)

Write the login here, so it is not forgotten!

Interviewer: Login: _____

Password: _____

Storyteller: Login: _____

Password: _____

Instructions

- Tap **“Create Account”**

Add Basic Information

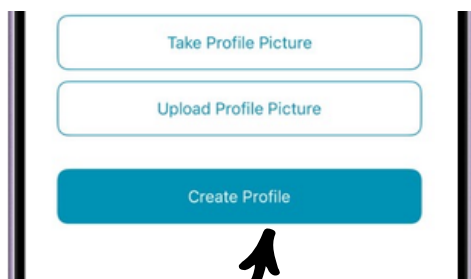
- Enter the Storyteller’s name.
- Enter the birthdate. (a key fact in someone’s story)
- Tap “Next”
- Enter address. (This helps us know where to send things if a book is ordered later.)

Add a Profile Picture

- Tap “Take Profile Picture” **or**
- Tap “Upload Profile Picture”



This step can be skipped and returned to later if needed.



- Tap **“Create Profile”**

Answer screening questions

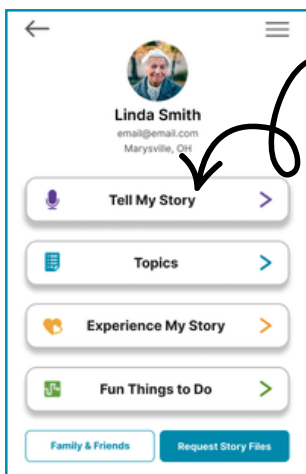
These help curate the interview, so the app knows which questions to ask and which to leave out.



Instructions

Step 3: Start the Interview!

Once the account is created, tap the Storyteller to open the account.



Tap **Tell My Story** to see the questions.

- Answer as many of the first 30-40 questions as possible to create a well-rounded story.
- Ask the question and record the Storyteller's answer.

Tap the **microphone** to start recording

- The blue circle will turn orange when recording.
- Tap again to stop recording.



Tap to begin recording. **Recording:** Tap to pause.

The app automatically saves recordings and photos.

Tap the **Listen** button to hear what was recorded.

Tap **Next Question** to continue.



Make It Shine!



Care Info and Preferences:

Answers from this topic provide helpful information for care staff. In the Storyteller account, go into **Topics** and choose **Care Info & Preferences**. Answer as many questions as possible, and explore other great topics as well!



Photos of family, friends, artwork, and hobbies are great!

Add Photos!

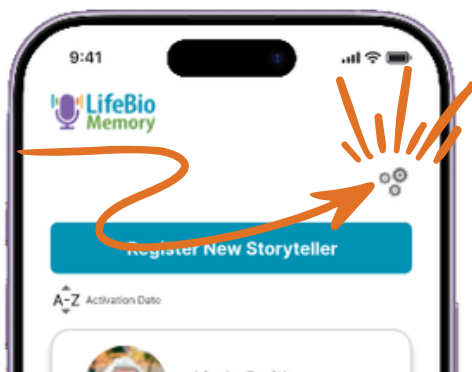
Tap the **blue image icon** and take a photo or upload a picture from your device.

App Tips



Scan the QR code to access a training video for more tips on using the app.

If you would like the questions to be read out loud, click the **Gears** in the top right corner of the main account page, click **Settings**, and choose **Yes**. Click outside the box to exit the menu. Turn up the volume.

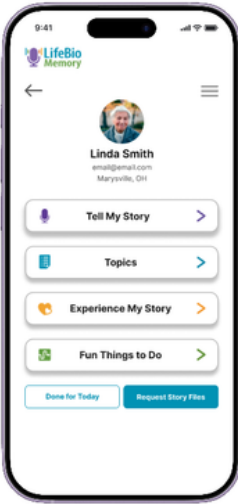


When interviews are complete:



After the Storyteller has finished answering questions, click **Request Story Files**. This will alert LifeBio that the story is ready for processing. LifeBio will send an email with a rough draft to the main account holder.

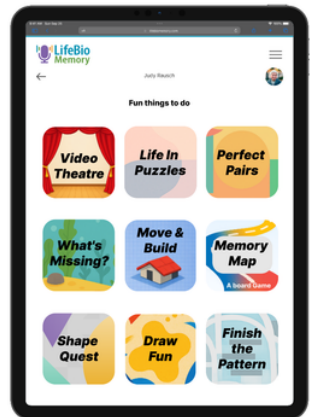
Experience My Story



This button allows anyone with access to the account to listen to the Storyteller's recorded stories and memories. It also provides access to photos that have been uploaded to the life story, creating a personal and engaging experience.

Fun Things to Do

This is a great place to spend some time and enjoy a variety of activities. Play games, complete puzzles using uploaded photos, and visit the Video Theatre to watch unique LifeBio content. It's a simple way to explore, engage, and have some fun!



Frequently Asked Questions:



- **How long does this take?**

This typically takes about 1 hour, though it can take longer depending on how many questions are answered!

- **How many questions are in the app?**

The app has over 300 questions in more than 30 topics. The questions cover the past, present, and future. We recommend answering at least 40 for best results.

- **How is my information protected?**

LifeBio is a HIPAA-compliant company. Your information is never shared or sold to third parties.

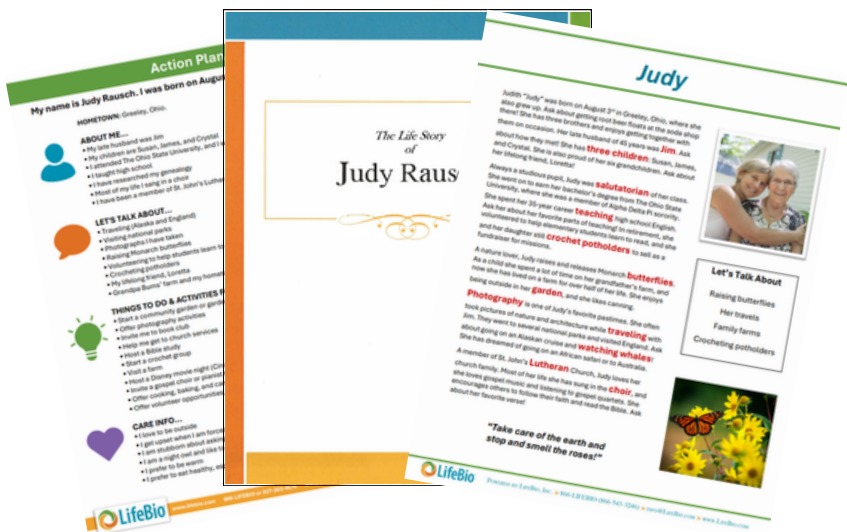
- **Are there alternatives to the app?**

Yes! We offer journal options as well as phone interviews through our team. Call for more information.

Still have questions?

Call **937-303-4576 x 5** or email
story@lifebio.com!

LifeBio has options for digital or printed Action plans, Life Story Books, and Snapshots



Call 937-303-4576 x 5 for assistance
or email story@lifebio.com.